



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Year 3</p> <p>REAL PE - Personal</p> <p>Know Where I am in my Learning</p> <p>In this unit, the children will develop and apply their footwork and one leg balance through focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Dance/Fitness is Fun</p>	<p>REAL PE -Social</p> <p>Share Ideas</p> <p>In this unit, the children will develop and apply their jumping and landing and seated balance focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Outdoor Adventure Activities</p>	<p>REAL PE -Cognitive</p> <p>Recognise Success</p> <p>In this unit, the children will develop and apply their dynamic balance on a line and ball skills through focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Invasion Games – Tag Ball</p>	<p>REAL PE - Creative</p> <p>Respond Differently</p> <p>In this unit, the children will develop and apply their sending, receiving, and counter balance with a partner through focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Net Wall Games</p>	<p>REAL PE - Physical</p> <p>Perform and Repeat</p> <p>In this unit, the children will develop and apply their reaction and response and floor work balance through focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Athletics</p>	<p>REAL PE - Health and Fitness</p> <p>How and Why the Body Change</p> <p>In this unit, the children will develop and apply their ball chasing and stance through focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Striking and Fielding – Cricket/Rounders</p>	
<p>Year 4 (Swimming)</p> <p>REAL PE - Personal</p> <p>Accept Challenge</p> <p>In this unit, the children will develop and apply their footwork and one leg balance through focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Dance/Fitness is Fun</p>	<p>REAL PE - Social</p> <p>Support Others</p> <p>In this unit, the children will develop and apply their jumping and landing and seated balance focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Outdoor Adventurous Activities</p>	<p>REAL PE - Cognitive</p> <p>Areas To Improve</p> <p>In this unit, the children will develop and apply their dynamic balance on a line and ball skills through focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Invasion Games – Tag Ball</p>	<p>REAL PE - Creative</p> <p>Recognise and Respond</p> <p>In this unit, the children will develop and apply their sending, receiving, and counter balance with a partner through focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Striking and Fielding – Cricket/Rounders</p>	<p>REAL PE - Physical</p> <p>Select and Apply</p> <p>In this unit, the children will develop and apply their reaction and response and floor work balance through focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Net Wall Games</p>	<p>REAL PE - Health and Fitness</p> <p>Preparing For Activity</p> <p>In this unit, the children will develop and apply their ball chasing and stance through focused skill development sessions, healthy competition, cooperative games and Personal Best challenges.</p> <p>Athletics</p>	
<p>Year 5</p> <p>REAL PE - Personal</p> <p>React Positively to Challenge</p>	<p>REAL PE - Social</p> <p>Provide Feedback</p> <p>In this unit, the children will</p>	<p>REAL PE - Cognitive</p> <p>Judge Performance</p> <p>In this unit, the children will develop and apply their</p>	<p>REAL PE - Creative</p> <p>Express Ideas</p> <p>In this unit, the children will develop and apply their</p>	<p>REAL PE - Physical</p> <p>Skills in Specific Contexts</p> <p>In this unit, the children will develop and apply their</p>	<p>REAL PE - Health and Fitness</p> <p>Basic Fitness Components</p> <p>In this unit, the children will develop and apply their</p>	

	In this unit, the children will develop and apply their ball skills and reaction and response through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Dance/Fitness is Fun	develop and apply their dynamic balance on a line and counter balance with a partner through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Outdoor Adventurous Activities	stance and footwork through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Invasion Games – Netball	seated balance and floor work balance through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Invasion Games – Football	jumping and landing and one leg balance through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Striking and Fielding – Cricket	sending and receiving and ball chasing through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Athletics
Year 6	REAL PE - Personal Consistently Try it Improve In this unit, the children will develop and apply their ball skills and reaction and response through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Striking and Fielding – Cricket	REAL PE - Social Organise and Guide Others In this unit, the children will develop and apply their dynamic balance on a line and counter balance with a partner through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Dance/ Fitness is Fun	REAL PE - Cognitive Make good Decisions In this unit, the children will develop and apply their stance and footwork through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Invasion Games – Basketball	REAL PE - Creative Adapt/Change Activities In this unit, the children will develop and apply their seated balance and floor work balance through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Invasion Games – Tag Rugby	REAL PE - Physical Link Actions to Flow In this unit, the children will develop and apply their jumping and landing and one leg balance through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Athletics	REAL PE - Health and Fitness Monitoring Activity In this unit, the children will develop and apply their sending and receiving and ball chasing through focused skill development sessions, modified/non-traditional games and sports and healthy competition. Outdoor Adventurous Activities

Premier Sport:	Harmony Enrichment Programme	Swimming:
Lunchtime clubs – Mon/Tue – Football Wed/Thurs/Fri – Varied Afterschool clubs – Autumn 1 – Gymnastics/Football Autumn 2 – Gymnastics/Football Spring 1 – Gymnastics/Netball Bags of Character – Year 3 – Autumn 1 GOAL – Year 6 – Summer 2	Year 3 – Handball – Spring 2 Year 4 – Archery – Autumn 2 Year 5 – Lacrosse – Summer 1 Year 6 – Fencing – Autumn 1	Year 4 Swimming – Thursday 11am – 12.30pm